



**Healthy People  
Healthy Carolinas**

May 2018

# Health Check-Up

*A Monthly Progress Report with HPHC*

## EBI Updates:

### **WWNC: WalkWise NC**

The 6-Week Spring Walk Challenge is almost complete! ECU Family Medicine Center finished with 12 participants and St. John Baptist church finished with 10 participants. Koinonia Christian Center and Moyewood Community are the last participating groups. More to come in Fall 2018.

### **WWAD: Walk With A Doc**

Three walks completed.  
Next walk is July 14<sup>th</sup> at 9am.  
Location: River Park North  
Doctor: Tiffany Purdie



### **Kids in Parks Track Trails**

Fountain and Grifton selected as new trail sites. Kickoffs for both sites are tentatively planned for September. New video promotion on PPH Facebook. Please like and share

### **CATCH**

Training completed June 4<sup>th</sup>. Thanks to Third Street Academy for hosting us!! 16 participants trained to implement at 8 sites this summer. More pics available on our Facebook @PittPartnersForHealth

## Just a refresher...

### **CATCH: Coordinated Approach to Child Health**

By uniting multiple players in a child's life to create a community of health, CATCH is proven to prevent childhood obesity and supported by 25 years and 120 academic papers indicating as much as 11% decrease in overweight and obesity.

### **CHNA: Community Health Needs Assessment**

Pitt County Health Department, Pitt Partners for Health and Vidant Medical Center are partnering to conduct a Community Health Needs Assessment for Pitt County. Your feedback is needed! Please take this survey and share your opinions regarding the health of our community. If you are not a Pitt County resident, you can still complete the survey <https://www.surveymonkey.com/r/healthenc>



## Community Events:

### **Easily Spoken-stage play**

**Date:** 06/30/2018 @7pm  
**Location:** Art of the Pamlico/Historic Turnage Theatre (150 W. Main St, Washington, NC)  
**Contact:** [Apithco@gmail.com](mailto:Apithco@gmail.com) or 919.333.4650

### **West Greenville Health Council Block Party**

**Date:** 08/04/18 from 10am-2pm  
**Location:** Thomas Foreman Park (400 Nash Street, Greenville NC)  
**Contact:** [westghc@gmail.com](mailto:westghc@gmail.com)

## Join an action team!

*HPHC initiatives are researched, discussed, planned, and implemented through the PPH action teams. We welcome you to take part in the process.*

### **Access to Care**

Meets at 3pm on the 4<sup>th</sup> Tuesday of each month at Access East

### **Chronic Disease**

Meets at 3:30pm on the 2<sup>nd</sup> Tuesday of each month at Eppes Recreation or Vidant Foundation Building

### **Nutrition & Physical Activity**

Meets the 3<sup>rd</sup> Thursday of each month at 8:30am at Alice Keene Park

**Tiera Beale, Prevention Specialist and HPHC Coordinator | 252.847.0408 |**

**[Tiera.Beale@Vidanthealth.com](mailto:Tiera.Beale@Vidanthealth.com)**